



SILLIKER, Inc.
Illinois Laboratory

1304 Halsted Street
 Chicago Heights, IL 60411
 708/ 756 3210 Fax 708/ 756 0049

CERTIFICATE OF ANALYSIS

COA No:	CHG-30545706-0
Supersedes:	None
COA Date	2/24/05
Page 1 of 3	

TO:

Mr. Jeff Gillespie
 QA Manager
 Giles Enterprises
 2750 Gunter Park Drive
 Montgomery, AL 36109

Received From:	Montgomery, AL
Received Date:	2/3/05

Location of Test: (except where noted)	Chicago Heights, IL
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Analytical Results

Desc. 1: Leg

Laboratory ID: 303003044
 Condition Rec'd: NORMAL
 Temp Rec'd (°C): 5

Analyte

Nutrition - Mandatory

Test Date Loc.
 2/24/2005

NUTRITIONAL ANALYSIS

Serving Size: 100 g
 Household Measure: 100 grams

LABEL ANALYTES		ANALYTICAL DATA PER 100g	ANALYTICAL DATA PER SERVING	ROUNDED DATA PER SERVING	% DAILY VALUE
Calories		259.2	259.2	260	
Calories from Fat		137.2	137.2	140	
Total Fat	(g)	15.25	15.25	15	23
Saturated Fat	(g)	3.31	3.31	3.5	18
Trans Fat	(g)	1.15	1.15	1.0	
Cholesterol	(mg)	99.9	99.9	100	33
Sodium	(mg)	635	635	640	27
Total Carbohydrate	(g)	11.8	11.8	12	4
Dietary Fiber	(g)	1.23	1.23	1	4
Sugars	(g)	0.21	0.21	0	
Protein (F=6.25)	(g)	18.70	18.70	19	
Vitamin A	(IU)	209	209		4
Calcium	(mg)	148	148		15
Iron	(mg)	1.7	1.7		10

CONTRIBUTING ANALYTES

Moisture	(g)	52.10	52.10
Ash	(g)	2.12	2.12
Beta Carotene	(IU)	118	118
Retinol	(IU)	90	90
Vit A % Beta Carotene		60	

* Contains less than 2% of the Daily Value of this nutrient.

SUGAR PROFILE

Fructose	<0.10	(g/100g)	Glucose	<0.10	(g/100g)
Lactose	<0.10	(g/100g)	Maltose	<0.10	(g/100g)
Sucrose	0.21	(g/100g)			

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Analytical Results

FAT ANALYSIS BY GC Fatty Acids	% Fatty Acid in Product (Weight/Weight Basis)					Laboratory ID: 303003044	
	Saturated	Cis MUFA	Cis PUFA	Trans	Conjugated	% as Triglyceride	% FA of Total FA
4:0 Butanoic (Butyric)	0.006					0.006	0.039
5:0 Pentanoic (Valeric)	0.004					0.004	0.026
6:0 Hexanoic (Caproic)						0.000	0.000
7:0 Heptanoic (Enanthic)						0.000	0.000
8:0 Octanoic (Caprylic)	0.004					0.005	0.028
9:0 Nonanoic (Pelargonic)						0.000	0.000
10:0 Decanoic (Capric)	0.010					0.011	0.069
11:0 Undecanoic						0.000	0.000
12:0 Dodecanoic (Lauric)	0.020					0.021	0.135
12:1 Dodecenoic						0.000	0.000
14:0 Tetradecanoic (Myristic)	0.047					0.050	0.325
14:1 trans-Tetradecenoic						0.000	0.000
14:1 Tetradecenoic (Myristoleic)		0.016				0.016	0.107
15:0 Pentadecanoic	0.007					0.008	0.049
15:1 Pentadecenoic						0.000	0.000
16:0 Hexadecanoic (Palmitic)	2.265					2.377	15.538
16:1 trans-Hexadecenoic				0.003		0.003	0.022
16:1 Hexadecenoic (Palmitoleic)		0.525				0.551	3.600
17:0 Heptadecanoic (Margaric)	0.016					0.016	0.107
17:1 Heptadecenoic (Margaroleic)		0.003				0.003	0.021
18:0 Octadecanoic (Stearic)	0.900					0.940	6.176
18:1 trans-Octadecenoic (incl. Elaidic)				0.805		0.842	5.525
18:1 Octadecenoic (incl. Oleic)		5.345				5.585	36.668
18:2 trans-Octadecadienoic				0.300		0.313	2.058
18:2 Octadecadienoic (Linoleic)			3.695			3.862	25.350
20:0 Eicosanoic (Arachidic)	0.002					0.002	0.012
18:3 trans-Octadecatrienoic				0.037		0.039	0.254
18:3 g-Linolenic			0.013			0.014	0.089
20:1 trans-Eicosenoic						0.000	0.000
20:1 Eicosenoic (incl. Gadoleic)		0.082				0.085	0.561
18:3 Octadecatrienoic (Linolenic)			0.237			0.248	1.627
21:0 Heneicosanoic	0.008					0.008	0.055
18:2 conj Linoleic					0.030	0.031	0.203
18:4 Octadecatetraenoic (Moroctic)			0.011			0.011	0.073
20:2 Eicosadienoic						0.000	0.000
20:3 5,8,11-Eicosatrienoic			0.037			0.038	0.251
22:0 Docosanoic (Behenic)	0.002					0.002	0.014
20:3 8,11,14-Eicosatrienoic (gamma)			0.020			0.021	0.137
22:1 trans-Docosanoic (Brassicidic)						0.000	0.000
22:1 Docosanoic (Erucic)						0.000	0.000
20:3 11,14,17-Eicosatrienoic			0.064			0.067	0.439

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FAT ANALYSIS BY GC

Fatty Acids	% Fatty Acid in Product (Weight/Weight Basis)					Laboratory ID: 303003044	
	Saturated	Cis MUFA	Cis PUFA	Trans	Conjugated	% as Triglyceride	% FA of Total FA
20:4 Eicosatetraenoic (Arachidonic)			0.004			0.005	0.030
23:0 Tricosanoic						0.000	0.000
22:2 Docosadienoic						0.000	0.000
24:0 Tetracosanoic (Lignoceric)	0.017					0.018	0.118
20:5 Eicosapentaenoic						0.000	0.000
24:1 Tetracosanoic (Nervonic)		0.009				0.010	0.064
22:3 Docosatrienoic			0.005			0.005	0.035
22:4 Docosatetraenoic			0.017			0.018	0.120
22:5 Docosapentaenoic			0.006			0.006	0.040
22:6 Docosahexaenoic			0.005			0.005	0.034
Total (g per 100g)	3.31	5.98	4.11	1.15	0.03	15.25	100.00
% of Total Fatty Acid Concentration	22.69	41.02	28.23	7.86	0.20		

FAT ANALYSIS BY GC - SUMMARY

Fat by Fatty Acid Profile:	15.25 (g/100g)	Total Polyunsaturated Fatty Acids:	4.11 (g/100g)
Total Saturated Fatty Acids:	3.31 (g/100g)	Total Trans Fatty Acids:	1.15 (g/100g)
Total Monounsaturated Fatty Acids:	5.98 (g/100g)	Total Conjugated Fatty Acids:	0.03 (g/100g)


 Randy Fleener Laboratory Director