



**SILLIKER, Inc.**  
**Illinois Laboratory**

1304 Halsted Street  
 Chicago Heights, IL 60411  
 708/ 756 3210 Fax 708/ 756 0049

**CERTIFICATE OF ANALYSIS**

COA No:	CHG-30544284-0
Supersedes:	None
COA Date	2/23/05
Page 1 of 3	

**TO:**

Mr. Jeff Gillespie  
 QA Manager  
 Giles Enterprises  
 2750 Gunter Park Drive  
 Montgomery, AL 36109

Received From:	Montgomery, AL
Received Date:	2/3/05

Location of Test: (except where noted)	Chicago Heights, IL
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**Analytical Results**

Desc. 1: Breast

Laboratory ID: 303002912  
 Condition Rec'd: NORMAL  
 Temp Rec'd (°C): 5

**Analyte**

Nutrition - Mandatory

**Test Date Loc.**  
 2/23/2005

**NUTRITIONAL ANALYSIS**

Serving Size: 100 g  
 Household Measure: 100 grams

<b>LABEL ANALYTES</b>		<b>ANALYTICAL DATA PER 100g</b>	<b>ANALYTICAL DATA PER SERVING</b>	<b>ROUNDED DATA PER SERVING</b>	<b>% DAILY VALUE</b>
Calories		251.9	251.9	250	
Calories from Fat		127.8	127.8	130	
Total Fat	(g)	14.21	14.21	14	22
Saturated Fat	(g)	3.03	3.03	3.0	15
Trans Fat	(g)	1.21	1.21	1.0	
Cholesterol	(mg)	68.3	68.3	70	23
Sodium	(mg)	722	722	720	30
Total Carbohydrate	(g)	11.5	11.5	12	4
Dietary Fiber	(g)	0.90	0.90	<1	0
Sugars	(g)	<0.10	<0.10	0	
Protein (F=6.25)	(g)	19.51	19.51	20	
Vitamin A	(IU)	182	182		4
Calcium	(mg)	56.2	56.2		6
Iron	(mg)	1.1	1.1		6

**CONTRIBUTING ANALYTES**

Moisture	(g)	52.07	52.07
Ash	(g)	2.67	2.67
Beta Carotene	(IU)	117	117
Retinol	(IU)	65	65
Vit A % Beta Carotene		60	

\* Contains less than 2% of the Daily Value of this nutrient.

**SUGAR PROFILE**

Fructose	<0.10	(g/100g)	Glucose	<0.10	(g/100g)
Lactose	<0.10	(g/100g)	Maltose	<0.10	(g/100g)
Sucrose	<0.10	(g/100g)			

The results of these tests relate only to the samples tested. This report shall not be reproduced except in full, without the written approval of the laboratory.



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**Analytical Results**

FAT ANALYSIS BY GC Fatty Acids	% Fatty Acid in Product (Weight/Weight Basis)					Laboratory ID: 303002912	
	Saturated	Cis MUFA	Cis PUFA	Trans	Conjugated	% as Triglyceride	% FA of Total FA
4:0 Butanoic (Butyric)	0.007					0.008	0.052
5:0 Pentanoic (Valeric)						0.000	0.000
6:0 Hexanoic (Caproic)						0.000	0.000
7:0 Heptanoic (Enanthic)						0.000	0.000
8:0 Octanoic (Caprylic)	0.005					0.006	0.038
9:0 Nonanoic (Pelargonic)						0.000	0.000
10:0 Decanoic (Capric)	0.006					0.006	0.043
11:0 Undecanoic						0.000	0.000
12:0 Dodecanoic (Lauric)	0.020					0.021	0.144
12:1 Dodecenoic						0.000	0.000
14:0 Tetradecanoic (Myristic)	0.039					0.041	0.286
14:1 trans-Tetradecenoic						0.000	0.000
14:1 Tetradecenoic (Myristoleic)		0.009				0.010	0.067
15:0 Pentadecanoic	0.006					0.007	0.048
15:1 Pentadecenoic						0.000	0.000
16:0 Hexadecanoic (Palmitic)	2.027					2.127	14.921
16:1 trans-Hexadecenoic						0.000	0.000
16:1 Hexadecenoic (Palmitoleic)		0.309				0.324	2.273
17:0 Heptadecanoic (Margaric)	0.015					0.016	0.112
17:1 Heptadecenoic (Margaroleic)						0.000	0.000
18:0 Octadecanoic (Stearic)	0.879					0.918	6.472
18:1 trans-Octadecenoic (incl. Elaidic)				0.859		0.898	6.325
18:1 Octadecenoic (incl. Oleic)		4.903				5.123	36.098
18:2 trans-Octadecadienoic				0.312		0.326	2.299
18:2 Octadecadienoic (Linoleic)			3.625			3.789	26.686
20:0 Eicosanoic (Arachidic)	0.002					0.002	0.013
18:3 trans-Octadecatrienoic				0.038		0.040	0.282
18:3 g-Linolenic			0.010			0.010	0.074
20:1 trans-Eicosenoic						0.000	0.000
20:1 Eicosenoic (incl. Gadoleic)		0.074				0.077	0.547
18:3 Octadecatrienoic (Linolenic)			0.236			0.247	1.736
21:0 Heneicosanoic	0.009					0.009	0.063
18:2 conj Linoleic					0.029	0.030	0.213
18:4 Octadecatetraenoic (Moroctic)			0.010			0.010	0.072
20:2 Eicosadienoic						0.000	0.000
20:3 5,8,11-Eicosatrienoic			0.038			0.040	0.281
22:0 Docosanoic (Behenic)	0.002					0.002	0.018
20:3 8,11,14-Eicosatrienoic (gamma)			0.016			0.017	0.120
22:1 trans-Docosanoic (Brassicidic)						0.000	0.000
22:1 Docosanoic (Erucic)						0.000	0.000
20:3 11,14,17-Eicosatrienoic			0.045			0.046	0.328

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**Analytical Results**

**FAT ANALYSIS BY GC**

Fatty Acids	% Fatty Acid in Product (Weight/Weight Basis)					Laboratory ID: 303002912	
	Saturated	Cis MUFA	Cis PUFA	Trans	Conjugated	% as Triglyceride	% FA of Total FA
20:4 Eicosatetraenoic (Arachidonic)			0.005			0.005	0.035
23:0 Tricosanoic						0.000	0.000
22:2 Docosadienoic						0.000	0.000
24:0 Tetracosanoic (Lignoceric)	0.016					0.017	0.118
20:5 Eicosapentaenoic						0.000	0.000
24:1 Tetracosanoic (Nervonic)		0.006				0.006	0.042
22:3 Docosatrienoic			0.004			0.004	0.028
22:4 Docosatetraenoic			0.013			0.013	0.093
22:5 Docosapentaenoic			0.004			0.004	0.029
22:6 Docosahexaenoic			0.006			0.006	0.045
Total (g per 100g)	3.03	5.30	4.01	1.21	0.03	14.21	100.00
% of Total Fatty Acid Concentration	22.33	39.03	29.53	8.91	0.21		

**FAT ANALYSIS BY GC - SUMMARY**

Fat by Fatty Acid Profile:	14.21 (g/100g)	Total Polyunsaturated Fatty Acids:	4.01 (g/100g)
Total Saturated Fatty Acids:	3.03 (g/100g)	Total Trans Fatty Acids:	1.21 (g/100g)
Total Monounsaturated Fatty Acids:	5.30 (g/100g)	Total Conjugated Fatty Acids:	0.03 (g/100g)

  
 Randy Fleener Laboratory Director