



SILLIKER, Inc.
Illinois Laboratory

1304 Halsted Street
 Chicago Heights, IL 60411
 708/ 756 3210 Fax 708/ 756 0049

CERTIFICATE OF ANALYSIS

COA No:	CHG-30544651-0
Supersedes:	None
COA Date	2/23/05
Page 1 of 4	

TO:

Mr. Jeff Gillespie
 QA Manager
 Giles Enterprises
 2750 Gunter Park Drive
 Montgomery, AL 36109

Received From:	Montgomery, AL
Received Date:	2/3/05

Location of Test: (except where noted)	Chicago Heights, IL
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Analytical Results

Desc. 1: Biscuits

Laboratory ID: 303002627
 Condition Rec'd: NORMAL
 Temp Rec'd (°C): 5

Analyte

Nutrition - Baked Goods

Test Date Loc.
 2/23/2005

NUTRITIONAL ANALYSIS

Serving Size: 100 g
 Household Measure: 100 grams

LABEL ANALYTES		ANALYTICAL DATA PER 100g	ANALYTICAL DATA PER SERVING	ROUNDED DATA PER SERVING	% DAILY VALUE
Calories		398.4	398.4	400	
Calories from Fat		188.7	188.7	190	
Total Fat	(g)	20.96	20.96	21	32
Saturated Fat	(g)	4.83	4.83	5.0	25
Trans Fat	(g)	6.47	6.47	6	
Cholesterol	(mg)	<1.0	<1.0	0	0
Sodium	(mg)	1260	1260	1260	52
Total Carbohydrate	(g)	44.7	44.7	45	15
Dietary Fiber	(g)	4.77	4.77	5	20
Sugars	(g)	3.82	3.82	4	
Protein (F=6.25)	(g)	7.75	7.75	8	
Vitamin A	(IU)	209	209		4
Vitamin C	(mg)	N/A	N/A		N/A
Calcium	(mg)	54.3	54.3		6
Iron	(mg)	4.0	4.0		20

CONTRIBUTING ANALYTES

Moisture	(g)	22.79	22.79
Ash	(g)	3.83	3.83
Beta Carotene	(IU)	128	128
Retinol	(IU)	80	80
Vit A % Beta Carotene		60	

* Contains less than 2% of the Daily Value of this nutrient.

N/A Not analyzed, as product is generally not considered a source of this nutrient.

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SUGAR PROFILE

Fructose	<0.10	(g/100g)	Glucose	<0.10	(g/100g)
Lactose	1.10	(g/100g)	Maltose	0.50	(g/100g)
Sucrose	2.22	(g/100g)			



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Analytical Results

FAT ANALYSIS BY GC Fatty Acids	% Fatty Acid in Product (Weight/Weight Basis)					Laboratory ID: 303002627	
	Saturated	Cis MUFA	Cis PUFA	Trans	Conjugated	% as Triglyceride	% FA of Total FA
4:0 Butanoic (Butyric)	0.010					0.011	0.048
5:0 Pentanoic (Valeric)						0.000	0.000
6:0 Hexanoic (Caproic)	0.004					0.004	0.018
7:0 Heptanoic (Enanthic)						0.000	0.000
8:0 Octanoic (Caprylic)	0.005					0.006	0.025
9:0 Nonanoic (Pelargonic)						0.000	0.000
10:0 Decanoic (Capric)	0.010					0.011	0.049
11:0 Undecanoic	0.001					0.001	0.004
12:0 Dodecanoic (Lauric)	0.028					0.030	0.141
12:1 Dodecenoic						0.000	0.000
14:0 Tetradecanoic (Myristic)	0.044					0.046	0.218
14:1 trans-Tetradecenoic						0.000	0.000
14:1 Tetradecenoic (Myristoleic)						0.000	0.000
15:0 Pentadecanoic	0.008					0.008	0.038
15:1 Pentadecenoic						0.000	0.000
16:0 Hexadecanoic (Palmitic)	2.319					2.434	11.565
16:1 trans-Hexadecenoic				0.004		0.005	0.022
16:1 Hexadecenoic (Palmitoleic)		0.009				0.009	0.045
17:0 Heptadecanoic (Margaric)	0.024					0.025	0.118
17:1 Heptadecenoic (Margaroleic)		0.004				0.005	0.022
18:0 Octadecanoic (Stearic)	2.200					2.298	10.973
18:1 trans-Octadecenoic (incl. Elaidic)				6.092		6.365	30.381
18:1 Octadecenoic (incl. Oleic)		6.379				6.665	31.814
18:2 trans-Octadecadienoic				0.365		0.382	1.823
18:2 Octadecadienoic (Linoleic)			2.062			2.155	10.283
20:0 Eicosanoic (Arachidic)	0.072					0.075	0.359
18:3 trans-Octadecatrienoic				0.007		0.008	0.036
18:3 g-Linolenic						0.000	0.000
20:1 trans-Eicosenoic						0.000	0.000
20:1 Eicosenoic (incl. Gadoleic)		0.029				0.030	0.145
18:3 Octadecatrienoic (Linolenic)			0.218			0.228	1.089
21:0 Heneicosanoic	0.007					0.008	0.037
18:2 conj Linoleic					0.031	0.033	0.156
18:4 Octadecatetraenoic (Moroctic)						0.000	0.000
20:2 Eicosadienoic						0.000	0.000
20:3 5,8,11-Eicosatrienoic						0.000	0.000
22:0 Docosanoic (Behenic)	0.068					0.071	0.340
20:3 8,11,14-Eicosatrienoic (gamma)						0.000	0.000
22:1 trans-Docosanoic (Brassicidic)						0.000	0.000
22:1 Docosanoic (Erucic)						0.000	0.000
20:3 11,14,17-Eicosatrienoic						0.000	0.000

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	Saturated	Cis MUFA	Cis PUFA	Trans	Conjugated	% as Triglyceride	% FA of Total FA
20:4 Eicosatetraenoic (Arachidonic)						0.000	0.000
23:0 Tricosanoic	0.009					0.009	0.045
22:2 Docosadienoic						0.000	0.000
24:0 Tetracosanoic (Lignoceric)	0.026					0.027	0.128
20:5 Eicosapentaenoic						0.000	0.000
24:1 Tetracosanoic (Nervonic)		0.007				0.007	0.032
22:3 Docosatrienoic			0.003			0.003	0.014
22:4 Docosatetraenoic			0.006			0.006	0.031
22:5 Docosapentaenoic						0.000	0.000
22:6 Docosahexaenoic						0.000	0.000
Total (g per 100g)	4.83	6.43	2.29	6.47	0.03	20.96	100.00
% of Total Fatty Acid Concentration	24.11	32.06	11.42	32.26	0.16		

FAT ANALYSIS BY GC - SUMMARY

Fat by Fatty Acid Profile:	20.96 (g/100g)	Total Polyunsaturated Fatty Acids:	2.29 (g/100g)
Total Saturated Fatty Acids:	4.83 (g/100g)	Total Trans Fatty Acids:	6.47 (g/100g)
Total Monounsaturated Fatty Acids:	6.43 (g/100g)	Total Conjugated Fatty Acids:	0.03 (g/100g)


 Randy Fleener Laboratory Director